Visit a meeting today!

You won't regret it. With membership exceeding 270,000 in more than 14,000 clubs in 150 countries, you're sure to find a club that suits you. To find a nearby club, visit **toastmasters.org/Find**. Each club has its own personality, so visit a few to find one that best matches yours!

To see what to expect at a Toastmasters meeting, visit **toastmasters.org/ClubExperience**.



"We all know how important communication is in business and in life and how daunting it can be to many; Toastmasters' program develops confidence in people to effectively communicate."

—Mike Fasulo
President and Chief Operating Officer
Sony Electronics Inc.

Find Your Voice

Shape your future with your words





"The training has made me more focused and disciplined at work and improved my interactions with colleagues."

—Adrian Jefferson Chofor
Marketing Operations Consultant
Kaiser Permanente



Local club information:

1st. and 3rd Tuesday @ noon
Meetings in person: CB&I office-14105 S Rt 59, Plainfield IL or online: bridgebuilderstm@gmail.com to request Zoom meeting link.



"Toastmasters has changed my life for the better. It helped me find my voice. … a more confident me."

—Maria Martinez
Learning Facilitator
Center for Behavioral Excellence – Wipro

TOASTMASTERS INTERNATIONAL

Item 99 12/2024

© 2018 Toastmasters International. All rights reserved.

Give your potential a voice

What is Toastmasters?

Since 1924, Toastmasters International has helped millions of people become more confident when communicating with others. The Toastmasters network of clubs and its learn-by-doing program were created to help you become a better speaker and leader. Why pay thousands of dollars for a seminar when you can join a Toastmasters club for a fraction of the cost and have fun in the process?

The proven way to become a better speaker

What's in it for you?

Toastmasters will give you the skills and confidence you need to effectively express yourself in any situation. Whether you are a tenured manager, student, young professional, someone who is looking to advance their career or looking to make an impact in your community, Toastmasters is the most efficient, supportive, enjoyable and affordable way of gaining great communication skills. By learning to effectively formulate and express your ideas, you open an entirely new world of possibilities. You'll improve your interpersonal communication and be more persuasive and confident when giving speeches.

What does the club experience offer?



How will you grow?

- Improve public speaking skills
- Practice writing speeches and presenting in a group setting
- Build leadership skills
- Gain a competitive advantage in the workplace
- Networking opportunities in a small and supportive environment
- Build self-confidence and self-awareness
- Allows for unlimited personal growth
- Ability to maximize your potential



The path to unlocking your full potential

What is the Pathways learning experience?

Pathways is Toastmasters' exciting, interactive and flexible education program. It focuses on five core competencies: Public Speaking, Interpersonal Communication, Strategic Leadership, Management and Confidence. With 6 paths to choose from, you have the option to pick which skills you want to focus on.

How does Pathways work?

Sign in to Pathways and take the online assessment, which will suggest a learning path based on your goals. As a Toastmasters member, you will receive one free path when you join. Progress through your path by completing projects, giving presentations at club meetings, and implementing feedback, all done at your own pace. Each path has five levels and you'll start by mastering fundamentals before working your way up to demonstrating your expertise. Best of all, Pathways is available online and is translated into many other languages!

Visit **toastmasters.org/Pathways** to learn more. Let Pathways help you build the skills to be the communicator and leader you want to be!